|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **RUN&ZAP’CHALLENGE PEKIN**  **27 novembre au 5 décembre. SLFM** | | | | | | | |
| **PARTICIPANTS**  Nom prénom.  Groupe. Classe. Famille. | **Date** | **Lieu** | **Course**  Distance en Mètres | **Marche**  Distance en Mètres | **Escalier**  Nombre de marches | **Natation**  Distance en mètres | **Workout**  Durée en minutes |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |